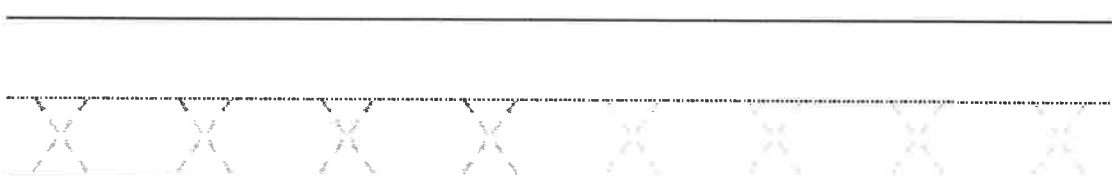
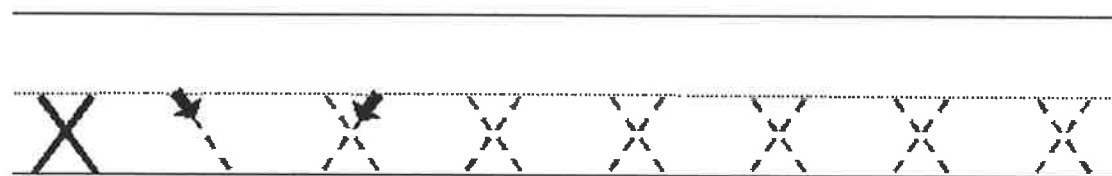
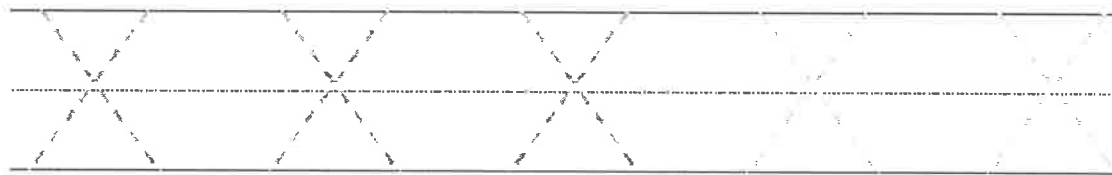
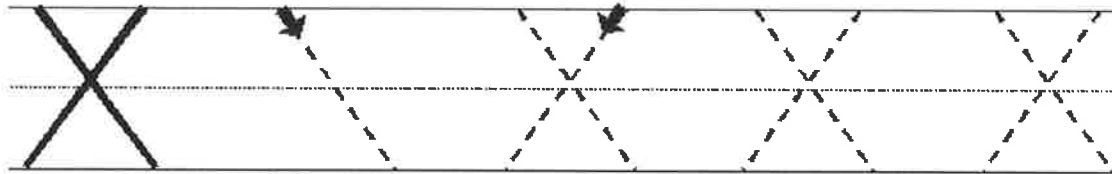




X IS FOR

X-RAY



Name _____

X x



X-ray x-ray

X X

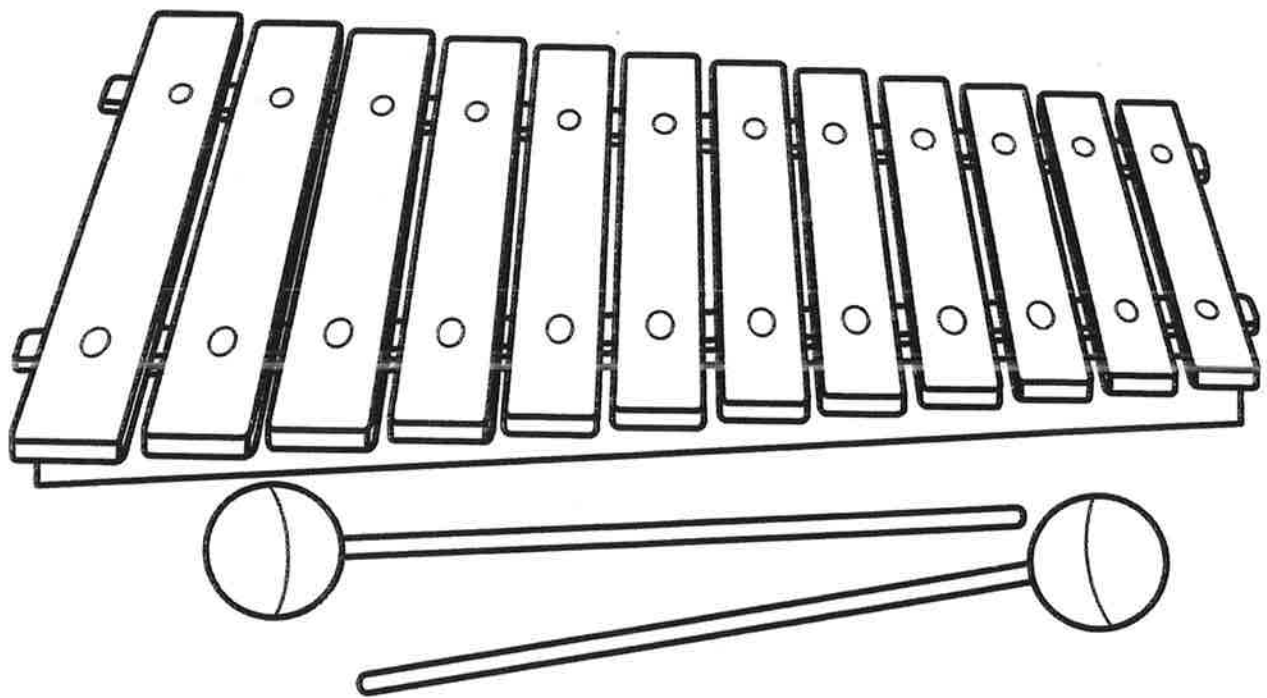
X X

x x

x x

X x

Xx xylophone



My Extra Special X Book

by _____

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exercise

X is in exercise.

2

X-ray

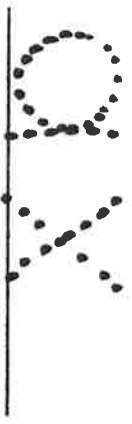
X is in X ray

3

fox

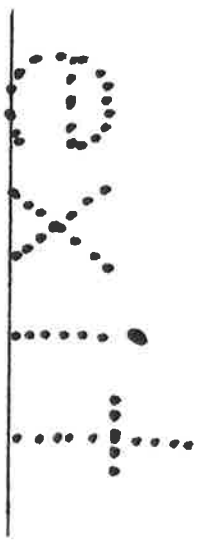
X is in fox

4



X is in ox.

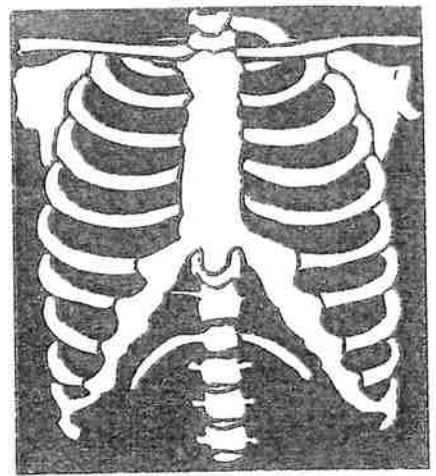
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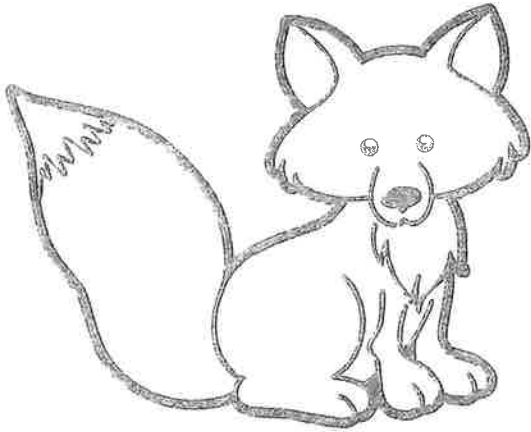
X is in exit.



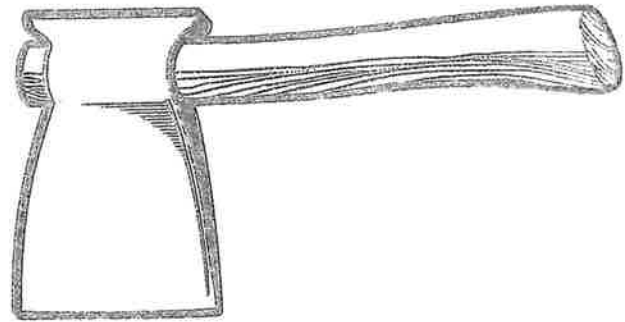
exercise



X ray



fox



ax



exit

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#1012. "X" Letter Ideas

Reading/Writing, level: Elementary

Posted Tue Apr 20 13:29:13 PDT 1999 by Early Childhood Mailing ().

Concepts Taught: "X" letter activities

X letter ideas

Letter X

I have a friend who works in X-ray and he gave me some old x-rays to show my class. You have to be very particular about handling them and the students are not allowed to touch them, but they're GREAT to put in front of a light to show them the real thing.

You can also play tic-tac-toe (Xs and Os) ... my kids loved this because they did not know how to play

Have students draw their own X-rays using white chalk on black paper.

Cindy/SPED K-2

1. For letter Xx, read the book, Fox in Socks by Dr. Seuss. It has a lot of words with Xx in it.
2. Make a list of words that have Xx in them somewhere in the word. My kids found it interesting that Xx is one of those letters more often at the end of words.

Dawn

X: XYLOPHONE

SHOW:

Use a small xylophone. Hit a long bar. Hit a short bar. Which bar makes the higher sounds?

IDEAS:

The short bar gives off the higher sound. The shorter the length of the vibrating material, the higher the pitch of the sound. The longer the length, the lower the sound. Play a scale for the class. Let them guess whether some notes are high or low with our eyes closed.

Sandy

Here is a cute idea for X

Give each child a piece of cardboard on which you have attached a piece of paper. Give each child a pencil or crayon. Walk around the school and tally the number of "EXIT" signs you find. My kids love to take surveys. Some times we put a line down the middle of the paper and see which letter we find more of (you might have an X on one side of the paper and a P or any other letter on the other side.). -Leslie

Letter X: Well, I don't know about you folks but I go with the end sound here as it is more 'true' than, say, x-ray. A Still, I don't have much: Six- number games , all focus on 6 . Trace around a LARGE #6 and fill with xxx all inside of it. Six IS a good one for re-inforcement as it is so often confused with 9.

FOX: I have a fox hat pattern the kids make. Teach facts on the fox.

FIX - tools, community helpers, plumbers, handyman etc...

BOX- Use a touchy feely box at Circle Time. BOOK: "When This Box is Full" Reinforces the months of the year, You could duplicate many of the items for your own box!

WAX: Bring in some crayon shavings for projects with wax paper that has been pre-cut into leaf shapes.

MIX: Do a cooking project. Study measurements.

That's all I use/ can't wait to hear more! Laurie

X activities

X-traordinary Puppets - Have each child stuff a paper bag and tie it with yarn or string at the bottom. Have the children use paper to cut out and glue on eyes, ears, an X nose, and a mouth. Let them glue on scraps of yarn or draw Xs all around the top and sides of the sack for hair. Ask them to make Xs all around the bottom of the sack.

A Garden of Xs - Have the children use their green crayons to make stems for a garden of flowers. Then have them use a variety of colors to design flowers from Xs for their gardens. Ask them to make X leaves on the stems.

Butterfly from an X - Show the children how to make butterfly wings from an X by closing the sides of the X with lines. Have the children decorate the butterflies, adding antennae, spots, bodies, and so on.

Musical Water Glass Xylophones

X Race - Divide the children into 3 or more teams of equal sizes. Have the first player on each team race to an X taped on the floor at a distance from the beginning spot. When they reach the X, have them stop and jump to form an X with their bodies. Then have them run back; tap the next person on the shoulder, saying X; and sit down at the end of their line. The first team with everyone sitting down is the winner.

X People - Have the children pretend to be X people. Tell them you will ask them to move in certain ways, at the same time keeping their bodies in an X shape. Call out movements such as running, walking, jumping, hopping, leaping, lying down, tiptoeing, and going backward.

Cut the letter X out of yellow construction paper. I make it into a xylophone. Using 1 and 1/2 inch by 1/2 inch rectangles of different colors (except yellow) glue them to down one side of the X. On the other I put 2 brown lollipop shapes, one on either side of the line of colored rectangles. Hope this makes sense.

I also play musical X's. Lay a letter X for each child on the floor. Play music remove an X each time the music stop.
Sandy D.



Activity X

How do x-rays help us? Pay a visit to a health care professional. Most doctors, dentists, nurses, or veterinarians like to teach children about their jobs. Not only does it take some of the fear out of your child's next doctor or dentist appointment, but it is good business for the doctor. It is better to go as a group. It is more efficient to give a tour to ten children than to one. If you have a daycare or play group you may even find a health care provider who will be willing to come and visit your group. Tell them why you want to visit and that you are hoping the children will learn about x-rays.

X: X marks the spot. Place a number of masking tape X's on the floor. Children can have a treasure hunt, find the spot, "dig" lift out buried treasure and opening it. What did you find?

Butterfly from an X

Show the children how to make butterfly wings from an X by closing the sides with lines. Add decorations and antennae.

Xylophone

Takes six identical glass tumblers and fill with various levels of water, from empty to full. Tap on the glasses with a wooden spoon to make music.

Musical X

Hide a small ball with Xs taped to it, somewhere in the room. Have a child look for the ball and direct the rest of the children to clap loudly when the person is getting closer to the ball and softly as the person gets farther away from the ball.

X on a Cracker

Give each child a cracker. Have the children slice cheese into strips, then cross two strips on the crackers in the shape of the letter X.

I bring in X-rays for them to look at. This is when we talk about healthy bodies.

- we played tic-tac-toe.

- we hid things either in our classrooms or outside and made maps. X marks the spot!

How about X-ray.....Ask your doctor or dentist for some old X-rays. OR have them draw X-rays with white chalk on black paper.

Xylophone..... Experiment with xylophones - - or make a bottle xylophone - take glass soda bottles and fill each one with a decreasing amount of water (start w/half full) ... tap the sides of the bottles to hear the different sounds... I like to use colored water for this

Read Xavier's Fantastic Discovery, Parker Brothers

x ray: Ask parents if any have old xrays you all could view..

Xylophone: Bring one from home and show kids how to play the instrument. (use toy xylophone)

Cross stitch:

Make up sewing cards with big X's on them and have the kids thread the needle9[Plastic] and sew X's!!

eXpressions—funny faces—imitate other facial eXpressions—

eXam—medical day—doctor, dentist, vet—

X-Mas—in June! or July!

eXercise—Large Motor Activities

eXperiment

[X] 1. Make soft pretzels and form the letter X

X Marks the Spot

Read Xavier's Fantastic Discovery. Give each child one sheet of 1" graph paper. Show the children how to draw an X in each of the squares by first drawing a diagonal line from the top right corner of the square to the opposite corne, and then a diagonal line from the top left corner of the square to the opposite corner. Invite children to practice making exact X's on the graph paper. For fun, work with small groups of children and help them cross-stitch over their X's. Use yarn and plastic needles.

Arrange a "treasure hunt". Leave clues in three to six different places. For example start with a clue that reads "go to the closet that has a mop, broom and vacuum cleaner: the children then decide where to go. They would go there for the next clue. Prearrange for a big red X to mark the correct spot - "X marks the spot".

Invite the children to play tic-tac-toe.

X-Ray

Ask your Dr. or Dentist for some old X-rays. Show the X-rays to the children. Explain that doctors and dentists use X-rays to check for broken bones or to see the inside of the body or teeth. Invite children who have had x-rays to share their experiences.

Draw a simple X-ray with white chalk on black construction paper. Explain that you can see bones on an X-ray and that you are going to draw some bones that you might see in an X-ray of the body. Draw each body part on the chalkboard and then wait for the children to draw that body part on their papers. Start with the head, then the neck and body, then sholders, arms and fingers. Have a small red heart cut from construction paper to glue the heart on the right side of their skeleton drawings.

Xylophone

Show the children how to play a xylophone. Encourage the children to play one or two notes. Encourage any children who may have small xylophones at home to bring them in to share.

Kim ;D

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Activities for letter X.....

X-rays....stick on windows so that children can see them and compare their body parts to those shown. i.e. measuring hands and arms.

Painting X-rays of their body...white paint on black card.

Gluing bones onto a pre-made black screen...looking at an X-ray.

Share your ideas too. E-mail me at [stormie@bv.net](mailto:stormie@bv.net)



## LETTERS: Xx, Yy, Zz and Review

### Xx

— Let children take turns playing a xylophone

— **Science:** Hang x-rays in a window for children to observe. Discuss what it is. (Ask your local veterinarian if you can have his/her discarded x-rays.)

— **Creative Art:** Hang pictures of bones in the art center for children to see. Let them make their own x-rays by gluing tiny pieces of white paper onto black paper.

— Let children form large X's with craft sticks and small x's with toothpicks.

— **Take-Home X:** Place several colors of short construction paper strips on the table and let children use them to form X's and glue them all over a paper X cutout.

### Yy

— Let children play with a yo-yo

— **Gross Motor: Be A Yo-Yo:** Everyone stand and stretch your arms out in front. Bend your knees and squat, then straighten up to a standing position again.

— **Snack:** Yogurt

— **Take-Home Textured Y:** Children glue yarn pieces on a yellow paper Y cutout.

### Zz

— Sing "Zip-A-Dee-Do-Dah"

— **Creative Art:** Children do zucchini squash prints.

— **Creative Drama:** Children play dress-up with only those clothes that have zippers, or let them sort all the clothes in the housekeeping corner into those with and those without zippers.

— **Take-Home Z:** Children glue a zipper on a paper Z cutout. (You can find zippers at thrift shops or use the plastic bag ones.)

#### Favorite Books:

\* From **Stormie:**

**The Baby Zoo, by Bruce McMillan:** Don't you love books that use real photographs? If you do, and you love animals, you'll love this book, and the children will truly enjoy it too.

\* From **Shelli Smith, Riverton, Utah:**

**The Story of Z, by Jeanne Modesitt and Lonni Sue Johnson:** This is a great book about the letter "Z" who leaves the alphabet because it wants to start its own alphabet. However, it realizes how important Z really is. This book is full of funny words missing the letter z: oo, ebra, ig ag, etc.

NOW GO TO **GROSS MOTOR FOCUS: Skip: Review of All Basic Movements; Summer Sports**

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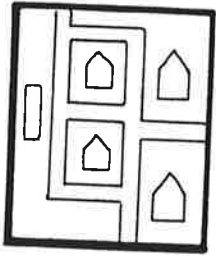
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# W

## WINDOW SHADE CITY

Discarded plastic window shades are wonderful for a large variety of projects. Never throw away a window shade. For this project, you should first draw in the streets of the city with a permanent marker. Then have the children take turns drawing in their own houses or buildings. The children will enjoy creating the city. Encourage the children to think about all the businesses that a city needs: stores, gas stations, etc.

Keep the window shade city in your classroom. It is great fun to drive cars and trucks on it during playtime.



## WALKING DUCKS

This activity has been titled Walking Ducks, but it is a great project to do anytime of the year with any animal. Fold a stiff piece of paper in half, and cut the outline of the body of an animal out of it. Then cut a wheel for the feet out of stiff paper and attach with paper fasteners to the bottom part of the animal, opposite the fold. Decorate the animal and the wheel with paint.



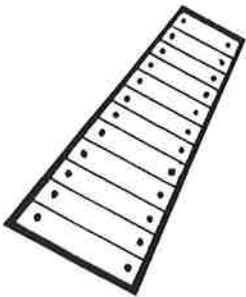
## X-RAYS

The white "popcorn" styrofoam pieces used in packaging can be used to create a skeleton that one can see in an x-ray.



## X's YOU CAN MAKE

Let the children make an "X." 1) Draw X's with crayon on a piece of white paper. Paint over the X's with watercolors. 2) Glue two strips of paper together to form an "X." 3) Make an "X" lacing card and let the children enjoy lacing the shape of "X."



## XYLOPHONE

Draw a picture of a xylophone. Paint each of the sections of the xylophone a different color.

## W/X - SONGS

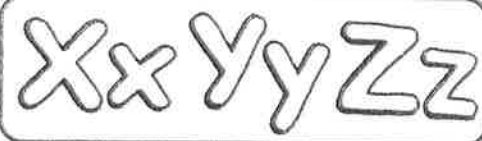
- Whistle While You Work
- I've Been Working on the Railroad

## XYLOPHONE

Use four to eight identical glass bottles or drinking glasses. Pour water in them to different levels. When you strike each of the glasses (gently), you will hear a musical note. If you have a good ear, you will be able to tune the bottles to a musical scale.



# Ideas and Activities for the Letters:



## X

Play a guessing game with words that have the letter "X" in them.

Give clues about each word below and see if the children can guess the words.

|           |          |           |        |            |               |
|-----------|----------|-----------|--------|------------|---------------|
| exit      | ox       | ax        | box    | fox        | wax           |
| fix       | six      | excellent | taxi   | tuxedo     | texture       |
| saxophone | onyx     | next      | mix    | experiment | extraordinary |
| exhibit   | exercise | except    | excuse |            |               |

## X-rays

Ask a dentist, veterinarian, or physician if they have outdated **x-rays** to donate to your program. Hang the x-ray on a window so the sunlight will highlight the teeth/bones. Talk to the children about x-rays and why you might have an x-ray. Talk to the children about what doctors, dentists, and vets do with x-rays. Encourage children to talk about times they may have had an x-ray.

## "X" Symbol

Discuss the different places that one might see an "X" symbol. Display pictures of railroad crossing, traffic guard's uniform, and exit sign. You might also want to talk about signs restricting certain activities, such as an "X" over a picture of a lit cigarette, or left-turn arrow.

## Xylophone

Play musical chairs with a **xylophone**. Select a leader to play the xylophone and then suddenly stop playing while the children each find a chair. In the classic musical chairs game, a chair is removed between each playing of the music and the child without a chair is asked to sit off to the side. For younger children, leave all of the chairs in place and have all of the children play for the entire game. Invite the children to take turns being the leader.

## Yams

With the children, peel; cook and eat **yams** for a **yummy** treat.

## Yardstick

Measure things with a **yardstick**. Measure the height of the classroom door, the classroom floor, the teacher's desk, or the play yard.

## Year

Use a calendar. Ask the children to count how many months/days are in one **year**?

## Yellow

Make a **yellow** collage. Provide yellow scraps of **yarn**, pom poms, cellophane, cupcake holders, pipe cleaners, twist ties, paper, etc. Eat yellow foods for snack time, such as corn muffins, bananas, yellow cake, lemon **yogurt**. Make lemonade for a special drink.

## Yesterday

During a morning circle time activity, ask the children to remember what happened **yesterday**. Write their responses on a large sheet of paper.

## Yoga

Teach the children some simple **yoga** stretches.

## Z

Play a guessing game with words that have the letter "Z" in them. Give clues about each word below and see if the children can guess the words.

|        |           |         |        |        |           |
|--------|-----------|---------|--------|--------|-----------|
| pizza  | breezy    | dozen   | wizard | waltz  | apologize |
| freeze | magazine  | squeeze | sneeze | size   | razor     |
| lizard | appetizer | nozzle  | frozen | puzzle | prize     |

## Zebra

**Zebras** have stripe patterns that are like human fingerprints- "unique." The stripes blend in with their surroundings and offer protection from predators. Using a marker, have the children draw black stripes on a zebra pattern.

## Zero

Look for "0's" in license plates and on mailboxes or buildings. Roll clay to make a **zero**.

## Zigzag

Copy a **zigzag** pattern and demonstrate to the children how to cut along a zigzag line. Have the children cut with pinking shears to make zigzags.

## Zoo

Help the children make a list of **zoo** animals. Let them pretend to be zoo animals. They can walk like a chimpanzee, roar like a lion, walk like an elephant, hop like a kangaroo, stretch like a giraffe, etc. Look for more interesting ideas and information in the Early Childhood Thematic Book "Zoo Animals," Teacher's Friend Publications, 2001.

### Other words that begin with the letters X,Y,Z:

These words may arise in naturally occurring conversations throughout the day/week. As you use these words, point out that they start with the letters "x, y, and z" and write them on index cards to add to your word board.

**yes** (response)

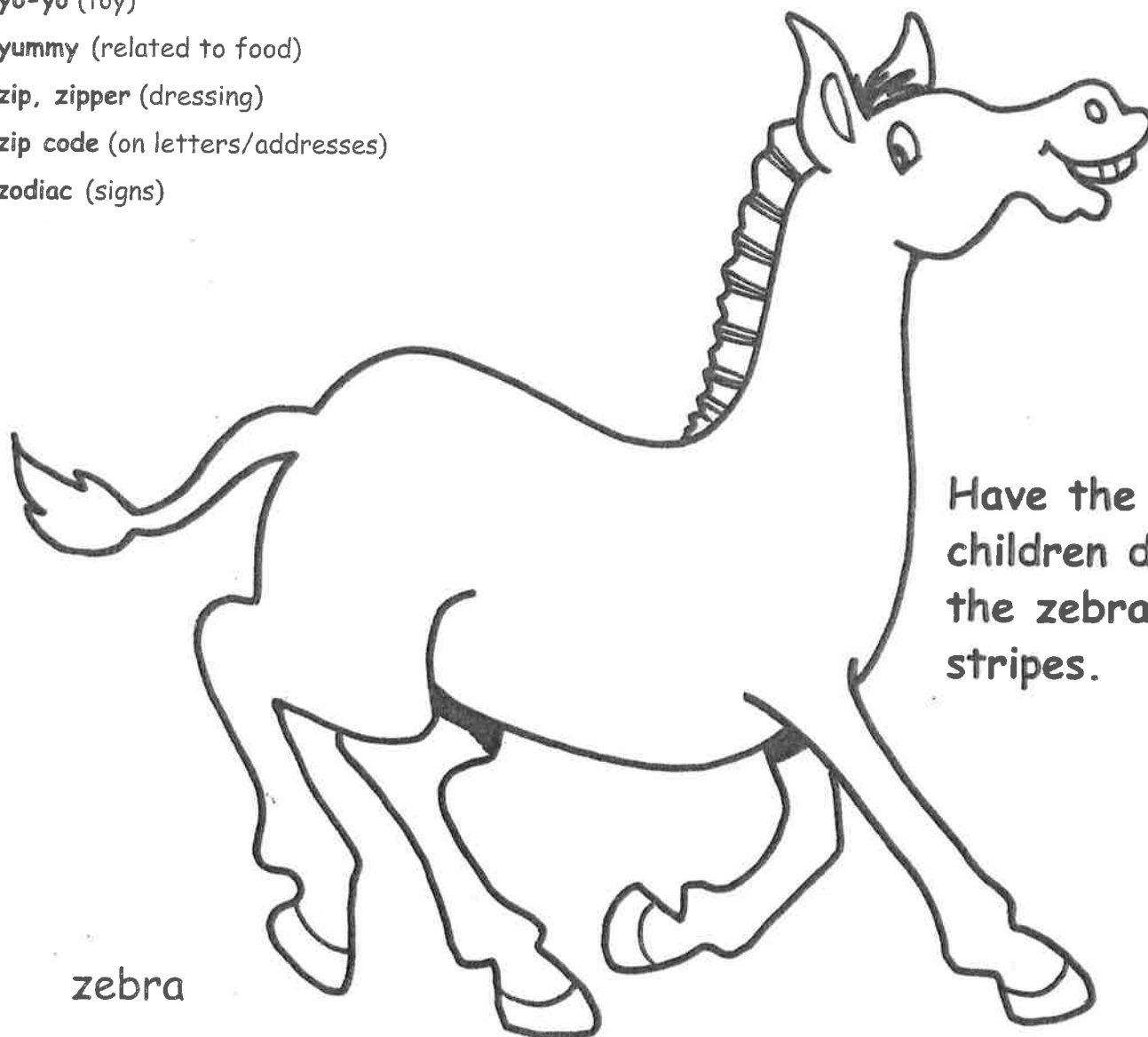
**yo-yo** (toy)

**yummy** (related to food)

**zip, zipper** (dressing)

**zip code** (on letters/addresses)

**zodiac** (signs)



zebra

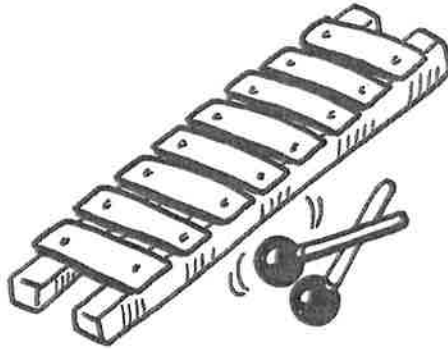
Have the children draw the zebra's stripes.



Picture Cards



x-ray



xylophone



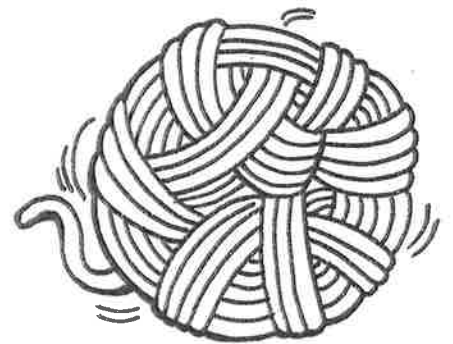
yawn



yield sign



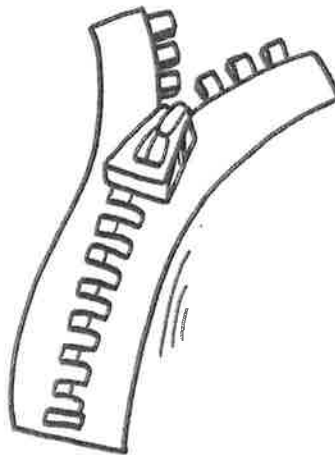
yo-yo



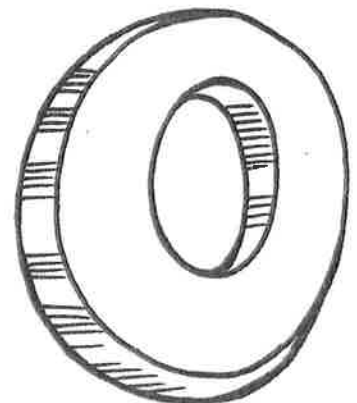
yarn



zebra



zipper

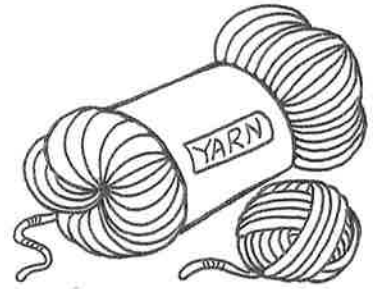
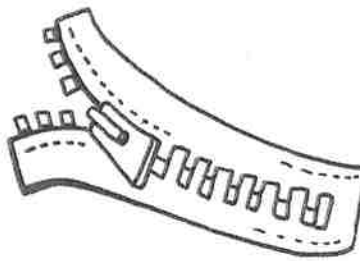


zero

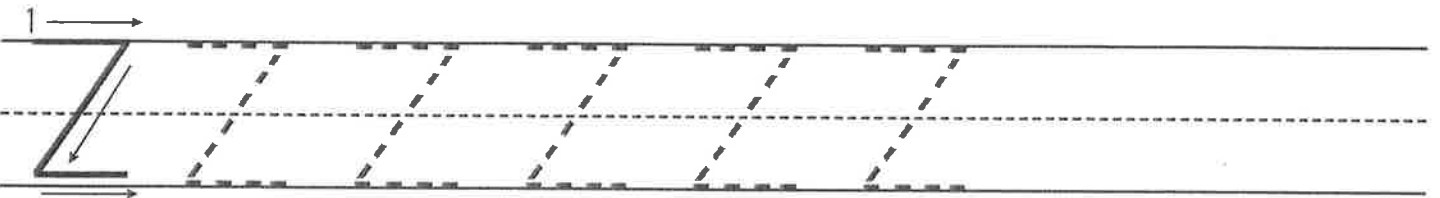
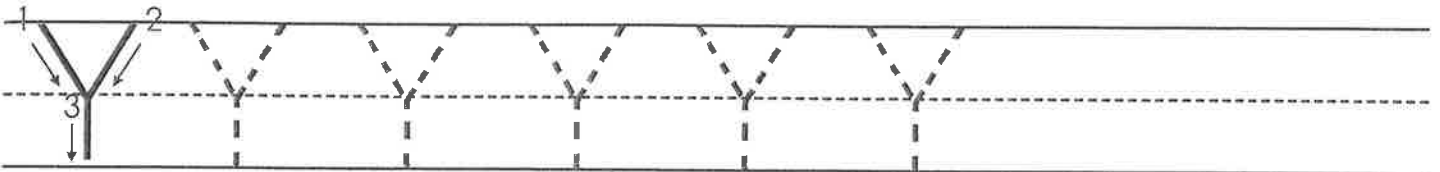
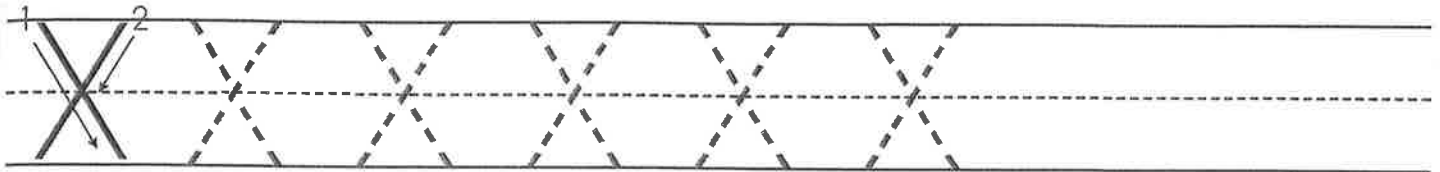
# Trace and Write

Trace and write the letters. Color the picture.

Name \_\_\_\_\_



## Uppercase X Y Z



## Lowercase x y z

